

2012 LIL' TITANS FLAG FOOTBALL LEAGUE INFORMATION

- Participants must be residents of the City of Alexandria. The league is available for youth ages 5 & 6. League age is their age as of October 1, 2012. The registration fee is \$60.00 and payable by check or money order when registering via mail or in office. Online registration is also available at www.alexandriava.gov/recreation. The registration deadline is September 7.
- The program will begin with a clinic on Tuesday, September 11 at the field behind George Washington Middle School located at 1005 Mt. Vernon Avenue. The clinic will take place from 5:30 pm - 7:00 pm on September 11 and September 13.
- Team practices will begin the week of September 17. Once teams are formed, the head coach of each team will set the specific days and times for practice for their team. Teams will be formed by recreation districts.
- League games will begin Saturday, September 29. League games will be played at Braddock Road Field or George Washington Middle School. Both fields are located at 1005 Mt. Vernon Avenue. Games will be played on Saturday and each team will play five league games.
- Coaches are volunteers and must complete the volunteer application and background check consent form. All coaches must attend the National Youth Sports Coaches Alliance. If you are interested in coaching, please contact the Sports Office at 703.746.5402.
- The Sports Office will provide each player with a team jersey. The coaches will receive footballs, flags, and other coaching material. Each participant is required to wear athletic gear to games and practices. Athletic shoes must be worn. Each participant is also required to wear a mouthpiece, the Sports Office will provide each participant with one mouthpiece. Parents are encouraged to have extras for their child.
- The Youth Sports Hotline is the number to call for practice and game information in case of inclement weather. The number is 703.746.5597.
- For more information, contact the Sports Office at 703.746.5402.

